

Summer hours
Mon-Fri 6am-8pm
Saturday 8am-5pm
Sunday 9am-4pm



August 2018 Pool Calendar

Kathy Cesta, Aquatics Manager
 Flat Rock Community Center One Maguire,
 Flat Rock, Michigan 48134
734-379-1450

Sun	Mon	Tue	Wed	Thu	Fri	Sat
July 29 Lap/fitness 9a-11a Open 11a-4p	July 30 Lap/fitness 6a-8:45a Lesson/ aqua 9a-12:45p Open 1p-5:45pm Tri Training 6p-7p Open 7:15p-8p	July 31 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-8p	1 Lap/fitness 6a-8:45a Lesson/ aqua 9a-12:45p Open 1p-5:30p 5:45p-6:15p lesson \$3 open 6:30p-8p	2 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-8p	3 Lap/fitness 6a-8:45a Lessons 9a-11:45a Open 12p-8p	4 Lap/fitness 8a-10a Open 10a-5p
5 Lap/fitness 9a-11a Open 11a-4p	6 Lap/fitness 6a-8:45a Lesson/ aqua 9a-12:45p Open 1p-5:45p Tri Training 6p-7p Open 7:15-8pm	7 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-8p	8 Lap/fitness 6a-8:45a Lesson/ aqua 9a-12:45p Open 1p-5:30p 5:45p-6:15p lesson \$3 open 6:30p-8p	9 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-8p	10 Lap/fitness 6a-8:45a Lessons 9a-11:45a Open 12p-4:30p Youth triathlon 5pm Open 6:15p-8p	11 Adult Triathlon 8a-9:15a Lap/fitness 9:15a-11a OPEN 11a-5pm
12 Lap/fitness 9a-11a Open 11a-4p	13 Lap/fitness 6a-8:45a Lesson/ aqua 9a-12:45p Open 1p-8p	14 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-8p	15 Lap/fitness 6a-8:45a Lesson/ aqua 9a-12:45p Open 1p-6:30p \$3 open 6:30p-8p	16 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-8p	17 Lap/fitness 6a-9:45a Open 10a-8p	18 Lap/fitness 8a-10a Open 10a-5p
19 Lap/fitness 9a-11a Open 11a-4p	20 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p	21 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p	22 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p \$3 open 6:30-8P	23 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p	24 Lap/fitness 6a-9:45a Open 10a-8p	25 Lap/fitness 8a-10a Open 10a-5p
26 Lap/fitness 9a-11a Open 11a-4p	27 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p	28 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p	29 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p \$3 open 6:30-8P	30 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p	31 Lap/fitness 6a-9:45a Open 10a-8p	Sept. 1 Lap/fitness 8a-10a Open 10a-5p