


Fall/Winter HOURS
SUNDAY 9AM-5PM
M-F 6AM-9PM

Kathy Cesta, Aquatics Manager
 Flat Rock Community Center One Maguire,
 Flat Rock, Michigan 48134

October 2017 Pool Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Lap/fitness 9a-11a Open 11a-5p	2 Lap/fitness 6a-9:45a Adult Aqua 10a-10:50a Open 11a-4:15p Lessons 4:30p-6:15p Deep water 6:30-7:20 Open 7:30p-9pm	3 Lap/fitness 6a-9:45a Arth. Aqua 10a-10:50a Open 11a-4:15p Lessons 4:30p-6:15p Open 6:30p-9pm	4 Lap/fitness 6a-9:45a Adult Aqua 10a-10:50a Open 11a-4:15p (HS Aqua 12p-12:45p) Lessons 4:30p-6:15p \$2 open 6:30p-9p	5 Lap/fitness 6a-9:45a Arth. Aqua 10a-10:50a Open 11a-9p	6 Lap/fitness 6a-9:45a Open 10a-8p	7 Lap/fitness 8a-9:15a Lessons 9:30a-12p Open 12:15p-7p
8 Lap/fitness 9a-11a Open 11a-5p	9 Lap/fitness 6a-9:45a Adult Aqua 10a-10:50a Open 11a-4:15p Lessons 4:30p-6:15p Deep water 6:30-7:20 Open 7:30p-9pm	10 Lap/fitness 6a-9:45a Arth. Aqua 10a-10:50a Open 11a-4:15p Lessons 4:30p-6:15p Open 6:30p-9pm	11 Lap/fitness 6a-9:45a Adult Aqua 10a-10:50a Open 11a-4:15p (HS Aqua 12p-12:45p) Lessons 4:30p-6:15p \$2 open 6:30-9p	12 Lap/fitness 6a-9:45a Arth. Aqua 10a-10:50a Open 11a-9p	13 Lap/fitness 6a-9:45a Open 10a-9p	14 Lap/fitness 8a-9:15a Lessons 9:30a-12p Open 12:15p-7p
15 Lap/fitness 9a-11a Open 11a-5p	16 Lap/fitness 6a-9:45a Adult Aqua 10a-10:50a Open 11a-4:15p Lessons 4:30p-6:15p Deep water 6:30-7:20 Open 7:30p-9pm	17 Lap/fitness 6a-9:45a Arth. Aqua 10a-10:50a Open 11a-4:15p Lessons 4:30p-6:15p Open 6:30p-9pm	18 Lap/fitness 6a-9:45a Adult Aqua 10a-10:50a Open 11a-4:15p (HS Aqua 12p-12:45p) Lessons 4:30p-6:15p \$2 open 6:30-9p	19 Lap/fitness 6a-9:45a Arth. Aqua 10a-10:50a Open 11a-9p	20 Lap/fitness 6a-9:45a Open 10a-9p	21 Lap/fitness 8a-9:15a Lessons 9:30a-12p Open 12:15p-7p
22 Lap/fitness 9a-11a Open 11a-5p	23 Lap/fitness 6a-9:45a Adult Aqua 10a-10:50a Open 11a-4:15p Lessons 4:30p-6:15p Deep water 6:30-7:20	24 Lap/fitness 6a-9:45a Arth. Aqua 10a-10:50a Open 11a-4:15p Lessons 4:30p-6:15p Open 6:30p-9pm	25 Lap/fitness 6a-9:45a Adult Aqua 10a-10:50a Open 11a-4:15p HS Aqua 12p-12:45p Lessons 4:30p-6:15p \$2 open 6:30p-9p	26 Lap/fitness 6a-9:45a Arth. Aqua 10a-10:50a Open 11a-9p	27 Lap/fitness 6a-9:45a Open 10a-9p	28 Lap/fitness 8a-9:15a Lessons 9:30a-12p Open 12:15p-7p
29 Lap/fitness 9a-11a Open 11a-5p	30 Lap/fitness 6a-9:45a Open 10a-6:15p Deep water 6:30-7:20 Open 7:30p-9p	31  Lap/fitness 6a-9:45a OPEN 10a-9p	(Home School) HS AQUA Uses shallow and slide area			